



A Weekly Update  
For The Employees of  
North Central Health Care



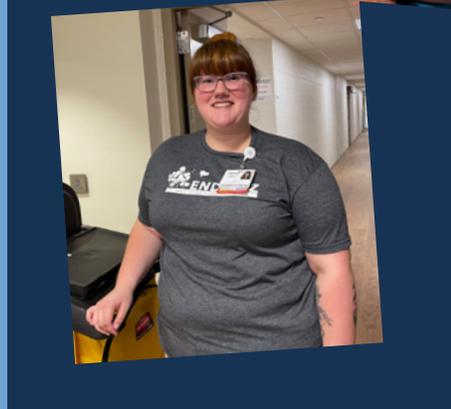
# NEWS YOU CAN USE



## North Central Health Care EMPLOYEE FALL FEST



Hope You Enjoyed the Week!



Employee Fall Fest Photos!.....	<b>2-3</b>
Employee Updates Begin This Week!.....	<b>4</b>
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### Person-Centered **Shout out**



#### Laura Wendorf, Guest Services

**Why:** Thanks for all the help with the phone calls to the floors today. Sometimes the small things really make a difference. Thank you!

**From:** Christy Klobucnik



**ADMINISTRATOR ON-CALL**  
x4488 or 715.848.4488

Monday, Oct. 10 –  
Sunday, Oct. 13\*

\*4:30 pm

**Gary Olsen**



Monday, Oct. 13\* –  
Sunday, Oct. 17\*\*

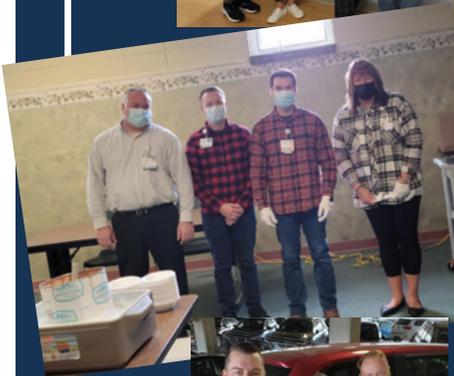
\*\*8:00 am

**Jennifer Peaslee**





PHOTOS OF THE WEEK





PHOTOS OF THE WEEK





# 2022 4th Quarter EMPLOYEE UPDATES

## Back & In-Person!



**TUES, OCT 11**    **WAUSAU CAMPUS**  
10 am MVCC 1st Floor  
 Community Room  
9 pm MVCC 1st Floor  
 Community Room

**THURS, OCT 13**    **MERRILL**  
1:00 pm Pine Crest  
 Chapel Area  
**ANTIGO**  
3:00 pm Conference Room

**TUES, OCT 18**    **WAUSAU CAMPUS**  
9 am MVCC 1st Floor  
 Community Room  
3:30 pm MVCC 1st Floor  
 Community Room

**WED, OCT 19**    **WAUSAU CAMPUS**  
3:30 pm MVCC 1st Floor  
 Community Room

**THURS, OCT 20**    **WAUSAU CAMPUS**  
6:15 am MVCC 1st Floor  
 Community Room



Presented by  
**Mort McBain,**  
Interim Executive Director



Scan with your  
smartphone  
camera app to  
register

**Masks will be required.**

Note: Presenters will be allowed to remove mask while presenting and maintain social distancing.

**Please Register in UKG Learning!**

# HRinsights

## Position Posting

**Title:** Residential Care Assistant II  
(CNA requirement)

**Status:** Full Time    **Location:** Wausau

The Residential Care Assistant II is responsible for the general operation of a group home/supported apartment settings for adults with developmental disabilities and/or chronic mental illness. \$17.00 - starting pay AM shift. and \$18.00 PM shift with premium differential.

Apply online at <https://bit.ly/3C1qxFc>

## Position Posting

**Title:** Behavioral Health Professional

**Status:** Full Time

**Location:** Wausau-Hospitals/ACSF/YCSF

The Behavioral Health Professional (BHP) will work in collaboration with behavioral health hospital and/or crisis stabilization care team to develop, recover, or maintain the daily living skills of patients or clients utilizing the services. The BHP will perform client/patient care duties, and will create and facilitate activities for clients/patients that cultivate stabilization, overall well-being, growth, skill development, and learning. As an essential part of multidisciplinary treatment team, the Behavioral Health Professional works to create a healing and trauma-informed environment for the individuals in the treatment programs.

Apply online at [www.norcen.org/Careers](http://www.norcen.org/Careers)

## We want MORE Awesome People like YOU on Our Team!

### Be sure to SHARE our career posts on social!





# CYBERSECURITY AWARENESS MONTH



Cybersecurity Awareness Month is a good opportunity for us all to touch up on skills we already know about cybersecurity, as well as learn some new things that will help keep our infrastructure safe. Throughout this month, our partners at CCITC will be sharing helpful tips on different aspects of Cybersecurity.



This week our subject is password security. When creating a password, do not reuse a password you have previously used. If one website gets hacked and a data breach occurs with usernames and passwords, it is only a matter of hours (sometimes even minutes) before that data breach is being cross referenced with thousands of other sites. For example, if you have an account with Home Depot and your username and password were breached, hackers will look at what other accounts use that same email address. So if you use the same email address for Amazon and for Target, chances are you may use the same password for Capital One or Chase Bank. This is the danger of reusing passwords.

If you do not already use a password manager, we recommend that you start using one so you can create unique passwords for every site without having to remember all of them. This also allows for you to create complex passwords more easily. When creating passwords, we recommend that you use passphrases. An example of a passphrase would be 'Red-brick-hous3'. These passphrases are three words with a "-" or space in between each word so you have special characters built right into this password. This also makes it easier for you to remember!

The last thing we want to stress is not sharing your passwords with anyone. City-County IT will NEVER ask for your password.



**If you have any questions regarding password security or Cybersecurity, please contact the HelpDesk at 715.261.6710 or x6710.**



## RETIREMENT NEWS

**Congrats Doris Clausen**

Congratulations to Doris Clausen on her retirement from Pine Crest. Doris has provided care and activities for our residents for the last 12 years. We will all miss you Doris and we wish you the best with your retirement. Thank you for your service!!!



Important Message from Our Partners at the Marathon County Health Department and Wausau Police Department

DEA WARNS OF BRIGHTLY-COLORED FENTANYL USED TO TARGET YOUNG AMERICANS



Rainbow Fentanyl Pills - Image Credit: Drug Enforcement Administration

According to DEA Administrator Anne Milgram, "Rainbow fentanyl - fentanyl pills and powder that come in a variety of bright colors, shapes, and sizes - is a deliberate effort by drug traffickers to drive addiction amongst kids and young adults."

What Does This Mean for Central Wisconsin?

"We have not seen any brightly colored "rainbow fentanyl" pills in our area to this date. What we have seen is the blue colored counterfeit oxycodone M30 tablets (commonly referred to as a "perc 30") containing fentanyl which we believe have led to overdoses. We are aware jurisdictions on the eastern parts of the state are seizing large quantities of such pills but we have yet to see large quantities in our area. "Perc 30s" are not the only prescription pills which we have seen."

"The only safe and effective precaution is taking medications prescribed by a trusted medical professional and dispensed from a licensed pharmacy. Medications solicited from the streets are often not what they are "advertised" to be and have an increased likelihood of containing fentanyl, methamphetamine or some other dangerous compound used as a cutting agent."

-Officer Garrett Carr #141, Community Resource Unit | Wausau Police Department

According to Marathon County Medical Examiner data, over 50% of overdose deaths involved fentanyl in 2021.



Rainbow Fentanyl in Plastic Bag - Image Credit: Drug Enforcement Administration



COVID-19 & INFLUENZA VACCINE CLINICS FOR STAFF

OCTOBER NOVEMBER & DECEMBER SIGN-UPS AVAILABLE!

COVID-19 BOOSTERS AVAILABLE:

[The Moderna Bivalent Vaccine is available only for those who have completed their initial series or have received additional boosters beyond their primary vaccination series. If you are looking to get your Covid-19 Booster and it has been at least 2 months since your last dose, you can sign-up using the link above. Those seeking their booster will need to bring proof of their previous COVID vaccinations (CDC vaccination card or WIR printout), prior to getting their booster.

INFLUENZA VACCINATIONS AVAILABLE:

Quadrivalent influenza vaccine is available to be received as well.

Staff can receive both vaccines - the only stipulation is that they must be administered in separate arms.

VACCINATION CLINIC LOCATIONS

Mount View Care Center Tower Community Room  
Pine Crest Nursing Home Chapel

SCAN OR CLICK TO SIGN UP!



<https://bit.ly/CovidVacc2022NCHC>

HALLOWEEN CANDY DONATION REQUEST

Halloween is quickly approaching, and the activity departments in Mount View Care Center and Pine Crest are in need of small wrapped candies for our safe trick-or-treating which will take place on Monday, October 31 from 3:00pm-4:30pm.

Candy donations can be dropped off in Volunteer Services on 1st Floor in MVCC or with Brianna in Activities at Pine Crest.

We thank you for your donations!





# CCITC TECHNOLOGY ASSISTANCE GATEWAY (TAG) PORTAL LAUNCHES IN OCTOBER

## HOW WILL TAG HELP ME?

TAG is a simple way for you to submit a request for help from CCITC anytime, anywhere. **NOTE: This does not change the normal CCITC Helpdesk support hours of Monday-Friday, 7:00 am – 4:30 pm.**

Because all your IT requests are centrally managed CCITC will be able to:

- Get your requests into the right hands quickly
- Make updates on progress visible to you
- Gather necessary information from you
- Provide quicker resolution

## WHAT'S NEXT?

In October, CCITC will provide a link to TAG and then you can begin to use TAG to look for answers, enter your own requests, and see the status of your tickets.

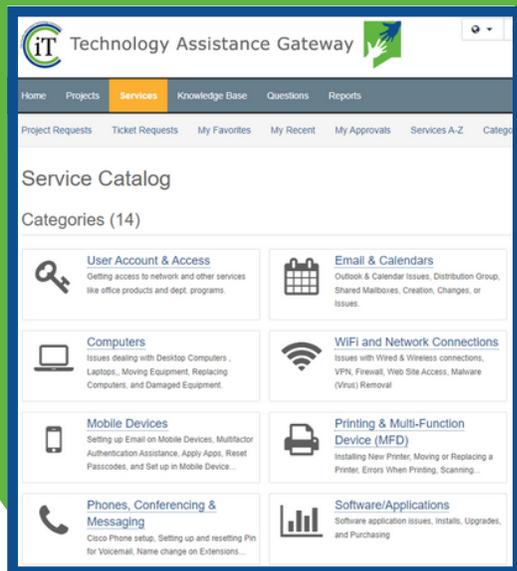
## HELP CCITC HELP YOU!

Please take advantage of the TAG Knowledge Base to look for how-to instructions or put in a service request from the Service Catalog if you still need help.

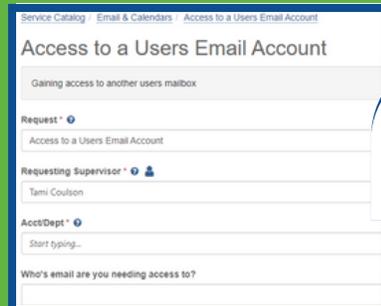
If you contact members of the CCITC team directly for help via phone, email or chat please enter your service requests through TAG instead.

The CCITC Helpdesk is still available to take your calls, though if your request is not pressing please 'Tag IT' so we can most efficiently get your request into the right hands for quick resolution. Your TAG requests will be handled during normal Helpdesk support hours: M-F, 7 am – 4:30 pm.

TAG has a Service Catalog where you can search or browse across all the IT services offered!



Once you select what service you need you fill in a form with the information needed to process your request and submit it. That's how you 'Tag IT'!



TAG also has a Knowledge Base where you can look for answers or instructions that may allow you do what you need without CCITC assistance.



**Questions?** If you have questions, please contact the CCITC Helpdesk at x6710 or [it\\_helpdesk@co.marathon.wi.us](mailto:it_helpdesk@co.marathon.wi.us).



# COMMUNITY CORNER CLUBHOUSE

## COMMUNITY CORNER CLUBHOUSE CLOSURE NOTICE

Clubhouse will be officially closing. The last day of operations will be October 14, 2022. NCHC wishes to thank all the staff for their support and efforts over the years with assisting members in their mental health journeys. Thank you.

### Wisconsin Deferred Compensation Program's Virtual Webinars



Helping You Turn Over a New Retirement Leaf

Your guide to the Wisconsin Deferred Compensation Program's (WDC) virtual Benefits Fairs/Open Enrollment.

Choose the desired topic(s) below and find a date and time that works for your schedule. Once you select the date and time you will be directed to WebEx to register for your selected webinar(s).

**Your Journey to Retirement:** Learn about the value of enrolling in the WDC program and the benefits of saving and investing for your retirement.

- |   |  |
|---|--|
| Monday, September 26 <sup>th</sup> -3:00 p.m.     | Wednesday, October 12 <sup>th</sup> -1 p.m.    |
| Wednesday, September 28 <sup>th</sup> -11:30 a.m. | Thursday, October 13 <sup>th</sup> -10 a.m.    |
| Thursday, September 29 <sup>th</sup> -12:30 p.m.  | Friday, October 14 <sup>th</sup> -12 p.m.      |
| Wednesday, October 5 <sup>th</sup> -12 p.m.       | Monday, October 17 <sup>th</sup> -11:30 a.m.   |
| Thursday, October 6 <sup>th</sup> -12:30 p.m.     | Wednesday, October 19 <sup>th</sup> -10 a.m.   |
| Friday, October 7 <sup>th</sup> -1 p.m.           | Thursday, October 20 <sup>th</sup> -12:30 p.m. |
| Monday, October 10 <sup>th</sup> -11:30 a.m.      | Friday, October 21 <sup>st</sup> -12 p.m.      |
| Tuesday, October 11 <sup>th</sup> - 12:30 p.m.    |  |

**Women and Investing:** How to use the WDC program to be more confident about your financial future.

- |  |  |
|--|--|
| Tuesday, September 27 <sup>th</sup> -12 p.m. | Thursday, October 13 <sup>th</sup> -12:30 p.m. |
|--|--|



Marathon County Employees Credit Union

The Holidays are Quickly Approaching...Are you Ready?

Take Advantage of Our Fall VISA Special! Open an Account Today!



**Financial STRENGTH** in your corner  
**1.99% APR FOR 6 MONTHS**

Credit card accounts opened between October 1, 2022 and November 30, 2022 will receive 1.99% APR on retail purchases and balance transfers for 6 months.  
Ask us about this special rate offer today!

Contact Pete or Apply Online @ [www.mccu.org](http://www.mccu.org)

[Peter.Wolf@co.marathon.wi.us](mailto:Peter.Wolf@co.marathon.wi.us)  
715-261-7685  
400 East Thomas Street  
Wausau, WI 54403

Proudly Serving NCHC Employees and Their Family Members Since 1965.

Credit card accounts opened between 10/1/2022 through 11/30/2022 will receive 1.99% APR\* for 6 months on retail purchases and balance transfers. After the promotion time frame expires, remaining balances will migrate to the standard APR applicable on your account. Contact the credit union for complete details.

\*APR = Annual Percentage Rate

## TALK WITH AN ADVISOR ABOUT THE WDC PROGRAM!



### JOIN THE CONVERSATION!

Meeting with your Wisconsin Deferred Compensation Retirement Plan Advisor is an easy way to help make sure your savings and spending strategy fits you and your future. Schedule a one-on-one appointment. Additional virtual meetings can be found online.

### BRING TO YOUR ONE-ON-ONE MEETING:

- ✓ WRS statement
- ✓ Social Security statement
- ✓ Other retirement account info
- ✓ Current paycheck stub (if applicable)
- ✓ WDC login information (if known)

### REGISTER AT:

[https://nc\\_wisconsin.timetap.com/#/](https://nc_wisconsin.timetap.com/#/)

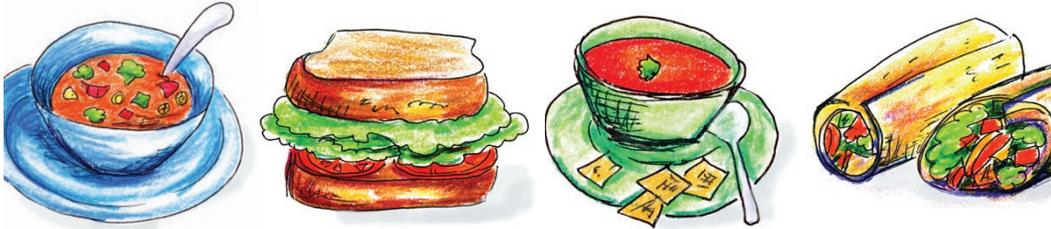
### INDIVIDUAL RETIREMENT SESSIONS with Shawn Bresnahan

- \*Thursday, Nov. 3rd Wausau | Badger Room | 9am-11am
- \*Thursday, Nov. 3rd Pine Crest | Admin Conf. Rm | 1-2:30pm
- \*Thursday, Dec. 1st Wausau | Badger Room | 10am-2pm
- \*registration available 90 days before session date



# WHAT'S FOR LUNCH?

## WAUSAU CAMPUS EMPLOYEE CAFETERIA



### BREAKFAST HOURS

9 AM – 11 AM

### LUNCH HOURS

MONDAY – FRIDAY

11:30 AM – 1:30 PM

HOT FOOD BAR \$.45/OUNCE  
(Weekdays Only)

### GRAB-N-GO HOURS

MONDAY – FRIDAY

9 AM – 5:30 PM

### WEEKENDS:

GRAB-N-GO ONLY

## OCT. 10 – 14, 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Pork Casserole Green Beans Dinner Roll	Sliced Ham Steamed Broccoli Baked Potato	Meatloaf Stewed Tomatoes Mashed Potatoes	BBQ Pork Sandwich Creamed Corn Fried Potatoes	Baked Cod Capri Blend Veggies Mashed Sweet Potatoes
SOUP	Navy Bean Soup	Veggie Soup	Cream of Potato Soup	Hobo Soup	Tomato Soup
DESSERT	Baked Apples	Fruited Gelatin	Carrot Cake	Mandarin Oranges	Fruit Cocktail

## OCTOBER 17 – 21, 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Swedish Meatballs Baked Butternut Squash Boiled Parslied Potatoes	Baked Pork Chop Peas & Carrots Parslied Egg Noodles	Salisbury Steak Baked Tomatoes Rice Pilaf Dinner Roll	Baked Chicken Leg Winter Blend Veggies Mashed Potatoes	Beefy Tator Tot Casserole Carrots
SOUP	Savory Chicken Rice Soup	Cheesy Cauliflower Soup	Chili	Corn Chowder	French Onion Soup
DESSERT	Mandarin Oranges	Iced Chocolate Cake	Cinnamon Baked Apple	Fruit Cocktail	Pears

### WAUSAU CAMPUS CAFETERIA REMINDERS

#### Be Sure to Finish Out Your Transaction and Pay for Your Food in Self-Checkout

Every week, our food services team find instances in which staff have not closed out their hot food transactions in the cafeteria. Be sure to make sure that the screen advances to the completed phase before leaving the self-checkout register. If you do not, you are not charged and are taking food without paying. The cafeteria operates for staff for your convenience. Please be sure you are paying for your food before walking away. Directions are provided by the check-out kiosk. Please review them and make sure you are checking out properly. We appreciate your attention.



# THE BISTRO

MONDAY - FRIDAY | 7:30AM - 3PM  
HOT FOOD AVAILABLE UNTIL 2:30PM

## PANINI OF THE WEEK



**SOUTHWEST TURKEY** CHEDDAR | PEPPERS & ONIONS | TURKEY | JALAPENO RANCH

### PANINI FORECAST

**10/10 | SOUTHWEST TURKEY**

CHEDDAR | PEPPERS & ONIONS | TURKEY | JALAPENO RANCH

**10/17 | PIZZA PANINI**

MARINARA | MOZZ | PEPPERONI & SAUSAGE | GRILLED ONIONS

**10/24 | ROAST BEEF & GOAT CHEESE**

ROAST BEEF | GARLIC BUTTER | GOAT CHEESE SPREAD  
ROASTED PEPPERS & ONIONS | SPINACH

### SEASONAL LATTES



PUMPKIN SPICED LATTE  
MAPLE & CINNAMON  
CARAMEL SPICED LATTE

**KICK START YOUR WEEK WITH  
\$1 OFF ANY LARGE LATTE EVERY MONDAY!**

## NOW SERVING SOFT SERVE ICE CREAM & SUNDAES!

SMALL CONE/LARGE CONE 1.70/2.50

SMALL SUNDAE/LARGE SUNDAE 2.70/3.70

**ONE TOPPING INCLUDED: \* NEW - MINI BROWNIE BITES \***  
SPRINKLES, OREO CRUMBLES, CHOCOLATE SYRUP,  
WHIP, STRAWBERRY SYRUP, CARAMEL

ADDITIONAL TOPPINGS 1.00





## WELCOME THESE NEW EMPLOYEES TO THE TEAM!

These employees were welcomed at Orientation on September 26, 2022

### Adult Behavioral Health



**Christiana Cubero** – Behavioral Health Professional

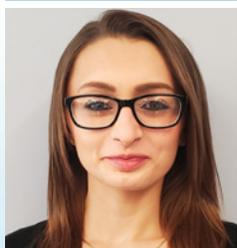
### Health Information



**Andrew Doster** – Health Information Specialist

These employees were welcomed at Orientation on October 3, 2022

### Community Treatment



**Taryn Barna** – Community Treatment Tech

### Adult Behavioral Health



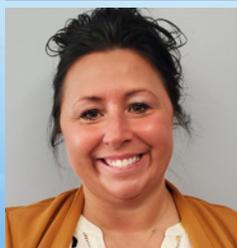
**Samantha Dvorak** – Social Worker (MSW)

### Crisis Services



**Gregory Schubring** – Supervisor of Crisis Services

### Community Treatment - Antigo



**Melissa Wilhelm** – Employment Specialist

### Adult Behavioral Health



**Ber Yang** – Social Worker (BSW)

### Mount View Care Center



**Penny Zezulka** – CNA



*We are so excited to have you on our team!*